

How to Grow Your Food: A Guide for Complete Beginners

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✓ Verified Book of How to Grow Your Food: A Guide for Complete Beginners

## Summary:

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If you've never opened a seed packet before and want to grow your food but don't know where to start, this book is for you. It gives advice on everything from planting seeds to harvesting your crops and dealing with problems—and it doesn't matter whether you have a whole garden or just a patio, a balcony, or a windowsill. Home-grown food means fresh, organic, tasty meals; less money spent in the supermarket; a lower carbon footprint; and, best of all, fun. How to Grow Your Food features a range of vegetables, fruits, and herbs that are easy for the beginner to grow.

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